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## Honouring World Autism Day, Saturday, April 2, 2022

For Immediate Release

Bowmanville, ON – March 28, 2022

World Autism Day (WAD) day reminds us to celebrate the unique talents and abilities of those with autism, and the importance of including neurodiverse perspectives to create a truly inclusive society.

Did you know that **1 in 66 children/youth** will be diagnosed with autism spectrum disorder? Would it surprise you to know that after high school, community support and inclusion opportunities become scarce or inaccessible? Many parents leave the workplace to assume the role of full-time caregiver. This can also lead to additional stress and financial hardship.

Too many autistic adults and their families live in isolation. Autism Home Base (AHB) is dedicated to changing that by providing opportunities for families to connect with peers. Through community-based activities, adults on the spectrum discover and share common interests and build a foundation for lifelong friendships.

“World Autism Day is an important day for awareness, acceptance, and appreciation to individuals across the autism spectrum. We encourage autistic individuals as well as their families and unpaid caregivers to connect with a supportive peer community. We are stronger together.” says Judy Hanson, CEO of Autism Home Base.

This year, in honour of World Autism Day on Saturday, April 2<sup>nd</sup>, Autism Home Base is holding its **Allies for Autism Car Rally**. Participating drivers will explore Clarington and some of its hidden gems while raising money to support the growing demand for the incredible programs and services for autistic adults offered by AHB. Go to [autismhomebase.com](http://autismhomebase.com) for more information or to see how you can help.

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For more information or to set up an interview with Judy Hanson, CEO:

Contact Paula Carter at [paula@autismhomebase.com](mailto:paula@autismhomebase.com)

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### *About Autism Home Base*

Autism Home Base is a registered Canadian charity serving autistic adults (18+) and their families in Durham Region, Peterborough and surrounding areas. Through sports, rec and social programs participants meet in person at the AHB Hub, on-line, and in the community to explore new interests, build supportive peer friendships, share resources and relieve social isolation.

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