

For Immediate Release

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## Fostering Connections, Building Community, and Empowering Autistic Adults

## Bowmanville, ON

On Sunday, April 7th, Autism Home Base (AHB) held an awareness presentation and luncheon at Trent University – Durham GTA. Over 125 dignitaries and community members were in attendance including special guests and Honourary Ambassadors, Durham MPP Todd McCarthy, and Mrs. Kathy McCarthy.

"We were delighted to return this year in supporting our son Jake and recognize the importance of Autism Home Base and similar community-based programs which provide avenues for social connections for autistic adults and their families" said MPP Todd McCarthy and Mrs. Kathy McCarthy. "Sunday's event provided a wonderful opportunity to celebrate the talents and skills of autistic individuals, while also raising awareness about the importance of including neurodiverse perspectives in building a truly inclusive society."

"World Autism Day holds a significant importance for raising awareness, fostering acceptance, and expressing appreciation for individuals across the autism spectrum. Establishing a supportive peer community where members, families, and caregivers feel connected is paramount" said Judy Hanson, CEO and Founder of Autism Home Base. "At Autism Home Base, we dedicate ourselves to cultivating such an environment because our families are stronger together."

Numerous autistic adults and their families experience isolation far too often. Autism Home Base is committed to altering this reality by offering avenues for families to connect with peers. Through social and recreational activities, autistic adults and their family caregivers explore shared interests and establish the groundwork for enduring friendships.

AHB is grateful to Bowmanville Rotary Club, LiUNA Local 183, St. Marys Cement Bowmanville Plant, Tribute Communities, Elexicon Energy, TD Bank Group, 360insights, and the many sponsors and guests who supported the event. Funds raised from this special event will help support the escalating demand for the remarkable programs and services tailored for autistic adults provided by AHB. Visit autismhomebase.com for further details or to learn how you can contribute.

For more information or to set up an interview with Judy Hanson, CEO and Founder: Contact Paula Carter at <u>paula@autismhomebase.com</u> Cell: 647-866-2163

## About Autism Home Base

Autism Home Base is a registered Canadian charity serving autistic adults (18+) and their families in Durham Region and Peterborough. Through sports, rec and social programs participants meet in person at the AHB Hub, on-line, and in the community to explore new interests, build supportive peer friendships, share resources, and relieve social isolation.

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